

Recommended Reading

ADD and ADHD

Driven to Distraction, Edward M. Halowell and John J. Ratey
From Chaos to Calm: Effective Parenting of Children with ADHD and Other Behavioral Problems, Janet E Heining and Sharon K. Weiss
Right Brained Children in a Left-Brained World, Jeffrey Freed and Laurie Parsons
Taking Charge of ADHD, Russell A. Barkely
Thom Hartmann's Complete Guide to ADHD, Thom Hartmann

Adolescence

A Fine Young Man, Michael Gurian
A Tribe Apart, Patricia Hersch
All Grown Up and No Place to Go, David Elkind
But I Love Him, Jill Murray
Cliques: Eight Steps to Help Your Child Survive the Social Jungle, Charlene C. Giannetti and Margaret Sagarese
Get Out of My Life but First Could You Drive Me and Cheryl to the Mall, Anthony E. Wolf
Girl In the Mirror: Mothers and Daughters of Adolescence, Nancy L. Snyderman and Peg Streep
The Good Son, Michael Gurian
How to Really Love Your Teenager, Ross Campbell
The Men They Will Become, Eli H. Newberger
Odd Girl Out, Rachel Simmons
Ophelia Speaks, Sara Schandler
Positive Discipline for Teenagers: Empowering Your Teen and Yourself through Kind and Firm Parenting, Jane Nelson and Lynn Lott
The Primal Teen, Barbara Strauch
Queen Bees and Wannabees, Rosalind Wiseman
Raising a Teenager, Jeanne Elium and Don Elium
Raising Cain: Protecting the Emotional Life of Boys, Dan Kindlon and Michael Thompson
Reviving Ophelia, Mary Pipher
The Roller Coaster Years, Charlene C. Giannetti and Maraget Sagarese
Safeguarding Your Teenager from the Dragons of Life, Bettie Youngs
Teenagers: Why Do They Act That Way? David Walsh and Nat Bennett
Trust Me Mom, Everyone Else Is Going, Roni Cohen-Sandler
The War Against Boys: How Misguided Feminism Is Harming Our Young Men, Christina Hoff Summers

Anger

The Anger Control Workbook, Matthew, McKay and Peter Rogers
The Angry Child, Timothy Murphy and Loriann Hoff Oberlin

[07/15/05]

Angry Children, Worried Parents, Sam Goldstein, Robert Brooks and Sharon Weiss
Anger Disorders: Definition, Diagnosis, and Treatment, Howard Kassinove
The Anger Management Sourcebook, Glenn Schiraldi and Melissa Hallmark Kerr
Anger: the Misunderstood Emotion, Carol Tavris
Honor Your Anger: How Transforming Your Anger Style Can Change Your Life, Beverly Engel
How to Really Love Your Angry Child, Ross Campbell
Rage-Free Kids: Homeopathic Medicine for Defiant, Aggressive and Violent Children, Judyth Reichenber-Ullman and Robert Ullman
When Anger Hurts Your Kids: A Parents Guide, Patrick Fanning, Matthew McKay, Kim Paleg, and Dana Landis

Brain Development

Building Healthy Minds, Stanley Greenspan
The Scientist in the Crib: Minds, Brains, and How Children Learn, Allison, Gopnik, Andrew Meltzoff and Patricia K. Kuhl,
Endangered Minds, Jean M. Healy
From Neurons to Neighborhoods, Youth and Families Board on Children, et al
Magic Trees of the Mind, Marian Diamond and Janet Hopson
Parenting From the Inside Out, Daniel J. Siegel and Mary Hartzell
What's Going on in There?, Lise Eliot
The Youngest Minds: Parenting and Genetic Inheritance in the Development of Intellect and Emotion, Ann B. Barnet and Richard J. Barnet

Bullying

The Bully, the Bullied, and the Bystander, Barbara Coloroso
And Words Can Hurt Forever, James Garbarino and Ellen deLara

Character Development

The Blessings of a Skinned Knee, Wendy Mogel
Educating for Character, Thomas Licona
Johnny Can't Tell Right from Wrong, William Kilpatrick
How Much Is Enough?: Everything You Need to Know to Steer Clear of Overindulgence and Raise Likeable, Responsible, and Respectful Children, David Walsh, Jean Illsley Clarke, Connie Dawson, and David Bredehoft
Kids, Parents and Power Struggles, Mary Sheedy Kurcinka
The Moral Life of Children, Robert Coles
The Over-Scheduled Child, Robert Coles, Alvin Rosenfeld, and Nicole Wise
Raising Good Children: From Birth Through the Teenage Years, Thomas Lickona
Too Much of a Good Thing: Raising Children of Character in an Indulgent Age, Dan Kindlon
Your Child's Self-Esteem, Dorothy Corkhille Briggs, PhD

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Child Development

The Black Parenting Book, Anne C. Beal, Linda Villarosa, and Allison Abner

The Emotional Life of the Toddler, Alicia F. Lieberman

First Feelings, Stanley Greenspan and Nancy Thorndike Greenspan

Growing Up Again, Jean Illsley Clarke and Connie Dawson

The Magic Years, Selma Fraiberg

The Six Stages of Parenthood, Ellen Galinsky

Touchpoints, T. Berry Brazelton, MD

Where Did I Come From?, Peter Mayle

What to Expect the First Year, Eisenberg, Markoff and Hathaway

What to Expect the Toddler Years, Eisenberg, Markoff, Hathaway

What's Happening to Me?, Peter Mayle

Your Baby and Child: From Birth to Age Five, Penelope Leach

Discipline

Boundaries with Kids, Henry Cloud and John Townsend

The Discipline Book, William and Martha Sears

How to Discipline without Feeling Guilty, Mel Silberman and Susan Whelan

Love and Limits, Elizabeth Crary

Making Children Mind without Losing Yours, Kevin Leman

Pick up Your Socks, a Practical Guide to Raising Responsible Children, Elizabeth Crary

Punished by Rewards, Alfie Kohn

Spare the Child, Philip Greven

Stickin' to, Watchin' Over and Getting' with, Howard Stevenson, Gwendolyn Davis, and

Saburah Abdul-Kabir

Time-in: When Time Out Doesn't Work: Jean Illsley Clarke

Without Spanking or Spoiling, Elizabeth Crary

Divorce

Growing up with Divorce, Neil Kalter

The Unexpected Legacy of Divorce, Julia M. Lewis and Sandra Blakslee

Families

Connections, The Thread that Strengthens Families, Jean Illsley Clarke

The Family Game, Hersey and Blanchard

Family Matters: How Schools Can Cope with the Crisis in Childrearing, Robert Evans

Family Secrets, John Bradshaw

Family Virtues Guide, Linda Kavelin Popov

Raising a Family, Elium and Elium

Self-Esteem: A Family Affair, Jean Illsley Clarke

The Seven Habits of Highly Effective Families, Stephen R. Covey

The Shelter of Each Other: Rebuilding Our Families, Mary Pipher

Traits of a Healthy Family, Dolores Curran

You Can Go Home Again, Monica McGoldrick

[07/15/05]

Fathers

Father Hunger, Margo Maine

Fatherneed, Kyle D. Pruett

General

Between Give and Take: A Clinical Guide to Contextual Therapy, Ivan Boszormenya-Nagy and Barbara R. Krasner

Beyond the Classroom, Laurence Steinberg

Emotional Intelligence, Daniel Goleman

Frames of Mind: A Theory of Multiple Intelligence, Howard Gardner

Ghosts from the Nursery, Tracing the Roots of Violence, Robin Karr-Morse and Meredith S. Wiley

How to Talk So Kids Can Learn, Adele Faber and Elaine Mazlish

How to Talk So Kids Will Listen and Listen So Kids Will Talk, Adele Faber and Elaine Mazlish

The Hurried Child: Growing Up Too Fast Too Soon, David Elkind

Liberated Parents, Liberated Children, Adele Faber and Elaine Mazlish

The Magical Child, Joseph Chilton Pearce

Mothering the New Mother, Sally Placksin

Mr. Rogers Talks with Parents, Fred Rogers

The New Mothers Syndrome, Carol Dix

Overcoming the Odds: Raising Academically Successful African American Young

Women, Freeman A. Hrabowski, Kenneth Maton, et al

The Read-aloud Handbook, Jim Talese

Scripts People Live, Philip Steiner

The Uses of Enchantment, Bruno Bettelheim

The Way We Never Were: American Families and the Nostalgia Trap, Stephanie Coontz

The Way We Really Are, Stephanie Coontz

What to Expect When You Are Expecting, Heidi Murkof, Sharon Mazelf

Why Zebras Don't Get Ulcers: An Updated Guide to Stress, Stress-related Diseases and Coping, Robert M. Sapolsky

Grandparenting

The Grandparent Guide, Arthur Kornhaber

Parenting

Boys Into Men: Raising Our African-American Teenage Sons, Nancy Boyd Franklin and A.J. Franklin

Countering the Conspiracy to Destroy Black Boys, Jawanza Kunjufu

Crying Baby, Sleepless Nights, Sandy Jones

A Field Guide to Boys and Girls, Susan Gilbert

A Good Enough Parent, Bruno Bettelheim

Giving the Love that Heals, Harville Hendrix and Helen Hunt

Healthy Parenting, Janet G. Woitiz,

The Heart of Parenting: Raising an Emotionally Intelligent Child, John Gottman, et al

I'm Chocolate, You're Vanilla, Marguerite Wright

[07/15/05]

Kids Are Worth It, Barbara Coloroso

Parenting Through Crisis, Barbara Coloroso

Parenting with Wit and Wisdom, Barbara Coloroso

Raising America, Ann Hulbert

Raising Black Children Who Love Reading and Writing, Dierdre Glenn Paul

Why Are All the Black Kids Sitting Together in the Cafeteria, Beverly Daniel Tatum

Sibling Relationships

The Accidental Bond: the Power of Sibling Relationships, Susan Merrell

Born to Rebel, Frank J. Sulloway

He Hit Me First, Louise Bates Ames

The Sibling Bond, Stephen P. Bank and Michael D. Kahn

Siblings Without Rivalry, Adele Faber and Elaine Mazlish

Your Second Child, Joan Weiss

Temperament

The Challenging Child, Stanley Greenspan and Jacqueline Salmon

The Difficult Child, Stanley Turecki

The Explosive Child, Ross W. Green

A Mind at a Time, Mel Levine

The Myth of Laziness, Mel Levine

Nurture by Nature, Paul D. Tieger and Barbara Barron Tieger

The Optimistic Child, Martin E. Seligman

Raising Your Spirited Child, Mary Sheedy Kurcinka

Understanding Your Child's Temperament, William Carey

The Way They Learn, Cynthia Ulrich Tobias